



# *Cave Spring Middle School eNews*

## *Upcoming Events:*



**\*\*\*WINTER BREAK\*\*\***

**Monday, December 20, 2021 through Monday, January 3, 2022**

**Students will return to school on Tuesday, January 4, 2022.**

*Best Wishes for a wonderful Winter Break  
and a Happy New Year!*

**\*\*\*WEEKLY SCHOOL SCHEDULE\*\*\***

**Monday, January 3th:**

**\*Schools Closed – Teacher Workday**

**Tuesday, January 4th:**

**\*Students Return to School**

**Wednesday, January 5th:**

**Wrestling @ Ben Franklin Middle School – 5:30 PM**

## *School News:*

**INFORMATIONAL FLYER (Attached):**

➤ **ROANOKE VALLEY GOV. SCHOOL REGIONAL APPLICATION MEETING SCHEDULE**



# Cave Spring Middle School eNews

## School News:

### \*\*\***COVID-19 WINTER BREAK INFORMATION**\*\*\*

During the winter break, we ask that you please continue to watch for Covid-like symptoms and seek medical attention and/or test for Covid-19 as needed.

Symptoms include nasal congestion, cough, fatigue, shortness of breath, fever, chills, muscle or body aches, headache, sore throat, and new loss of taste or smell.

If someone in your household is diagnosed with Covid-19 or exposed to someone with Covid-19, please follow these guidelines:

- Anyone who is experiencing Covid-like symptoms should contact their healthcare provider or take a Covid-19 test.
- Anyone who has a positive Covid-19 test will need to isolate at home for 10 days from start of symptoms or positive test date.
- Anyone exposed to a person who is determined to be positive for Covid-19, should quarantine at home and watch for symptoms. Two exceptions include those who are at least two weeks past their 2<sup>nd</sup> *Pfizer* or *Moderna* Covid-19 vaccine or one week past a dose of the *Johnson & Johnson* Covid-19 vaccine AND those who have had Covid-19 infection in past 90 days.
- Please email our school nurse, Tracy Delaney, for guidance @ [tdelaney@rcps.us](mailto:tdelaney@rcps.us) . Please include a phone number where you can be reached in your email. Nurse Delaney will be checking her email periodically, and she will contact you prior to January 4, 2022 (students' return to school date).

Please do not send anyone who was diagnosed with Covid-19 or exposed to someone with Covid-19 back to school on January 4<sup>th</sup> without first notifying the school nurse for guidance and clearance to return.

For further information regarding isolation and quarantine for Covid-19, please see the following website:

[https://www.vdh.virginia.gov/content/uploads/sites/182/2020/04/Home-IsolationQuarantine-Release-Graphic\\_FINAL.pdf](https://www.vdh.virginia.gov/content/uploads/sites/182/2020/04/Home-IsolationQuarantine-Release-Graphic_FINAL.pdf)

We wish you a happy and healthy Holiday Season!